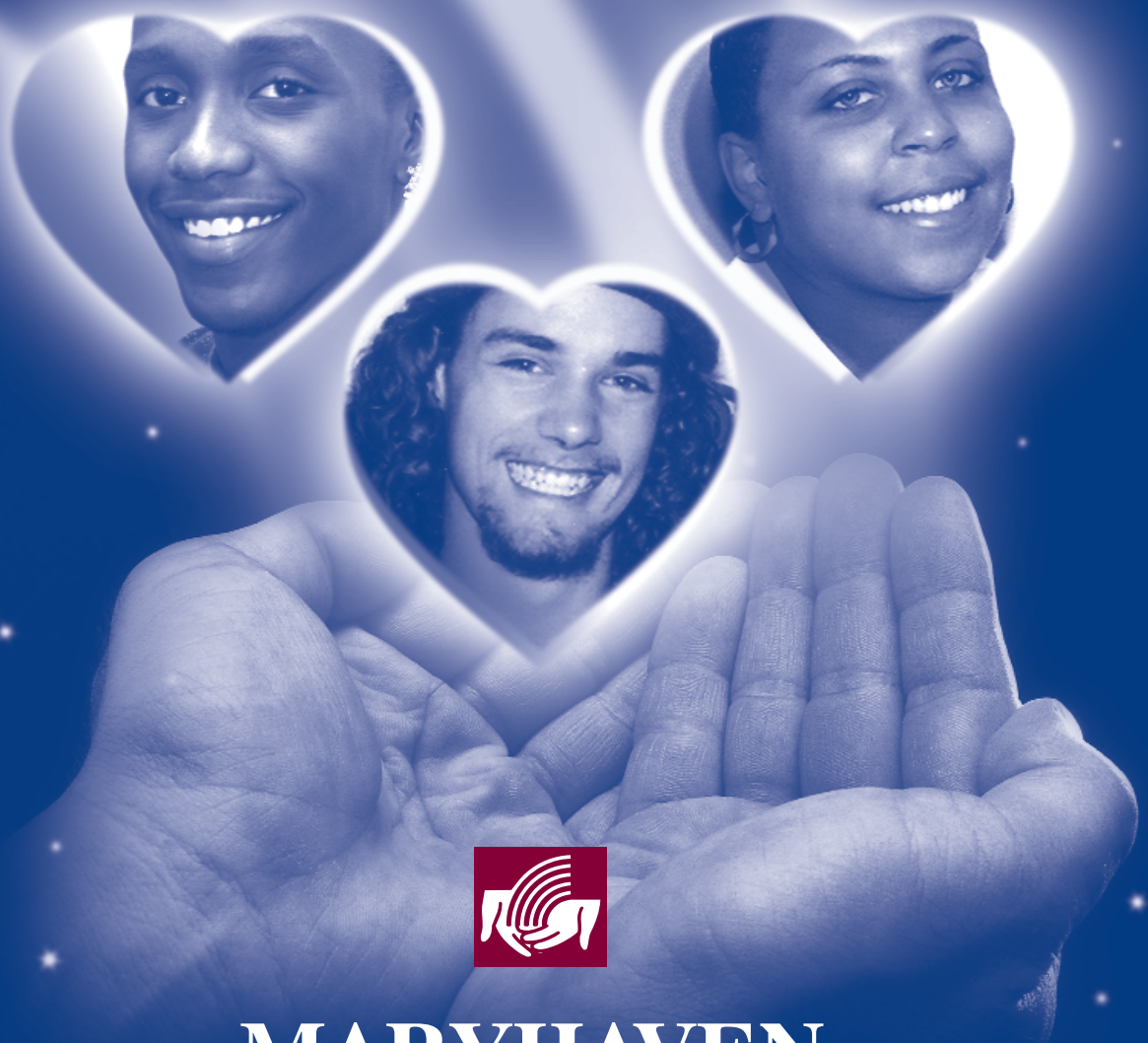
2006 Annual Report

Thanks For Caring!



MARYHAVEN®

Helping People Restore Their Lives Since 1953®

Dear Friend of Maryhaven,

Our fifty-third year had many highlights, but none more significant than our being privileged to serve over 7,000 men, women and children from our community while opening new branch offices in Delaware and Morrow Counties. We continued to operate efficiently, expending only 7.4% of revenues on administrative costs, with 92.6% of all revenues invested in Maryhaven used to provide direct patient care.

Maryhaven is grateful for our community's support to complete the $1,000,000 philanthropic/corporate portion of our Healthier Tomorrow For Our Children Capital Campaign. Because of this and other support, our adolescent capacity will extend to 60 beds to serve 240 teens in residential care each year. Adolescent program highlights include intensive mental health programming as well as family reunification programming.

Maryhaven plans to further develop our continuum of care with additional psychiatric and mental health services for adults and adolescents. Our mental health treatment team is led by Alvin Pelt, M.D., Medical Director and board certified psychiatrist, and Thom Mak, M.D., Associate Medical Director and board certified child psychiatrist.

Maryhaven was privileged in 2006 to receive two distinguished awards. The Columbus Foundation, the seventh largest community foundation in the nation, presented Maryhaven with the 2006 Columbus Foundation Award, "presented to an organization that has made a difference in the quality of life of the people of Central Ohio." Also, the Ohio State University College of Social Work recognized Maryhaven as the Outstanding Agency for 2006.

We pledge to continue our mission of helping people restore their lives by providing effective and efficient patient care with the same integrity and spirit with which we have served over 151,000 patients and their families during Maryhaven's first fifty-three years.

Sincerely,

George Kaitsa
Board Chair

Paul Coleman
President and CEO

Board of Directors

We are governed by a Board of Directors, community leaders who give their time and talents to further our mission.

George Kaitsa, Chair
Eydie Glasstetter, Vice Chair
Judge Charles A. Schneider, Secretary/Treasurer
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Judge Gregory Frost
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Robert "Skip" Weiler

Our Mission is to provide the highest quality addiction recovery and mental health services to men, women and children regardless of their ability to pay to enhance the health and safety of our community.

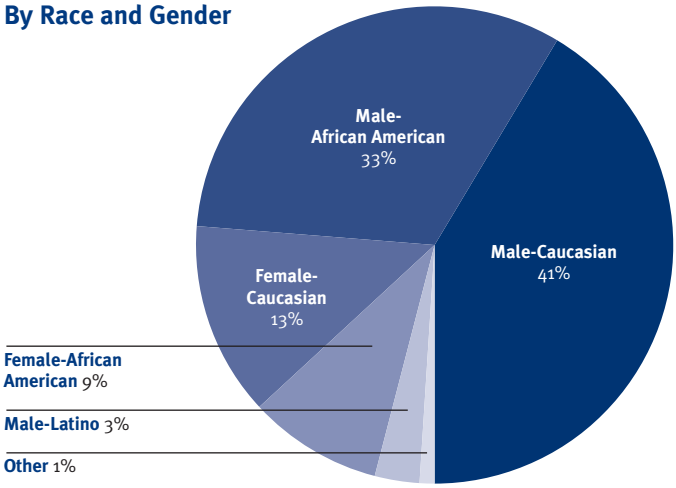
- Provided addiction recovery and mental health services to more than 7,000 men, women, and children.
- Opened offices in Delaware and Mount Gilead to provide outpatient addiction recovery and mental health services through a contract with the Delaware-Morrow Mental Health and Recovery Services Board.
- Renovated and enlarged our adolescent residential facility space, providing a 50% expansion of capacity to 60 beds.
- Completed the $1,000,000 philanthropic/corporate portion of our $2,000,000 adolescent capital campaign.
- Opened the Maryhaven Outpatient Center, providing adult and adolescent outpatient services in downtown Columbus.
- Were recognized by The Columbus Foundation, the seventh largest charitable foundation in the nation, with the 2006 Columbus Foundation Award, "presented to an organization that has made a difference in the quality of life of the people of Central Ohio."
- Received two awards from The Ohio State University: Outstanding Agency for 2006 from the College of Social Work; and Outstanding Community Partner for 2006 by the College of Counseling Education.
- Launched – through The Maryhaven Research Institute – two new National Institute on Drug Abuse sponsored clinical trials addressing nicotine dependence. The first is a combined counseling and medication trial representing numerous partnerships including The Mayo Clinic, Massachusetts General Hospital, and the University of Cincinnati. The second focuses on the methods that facilitate organizational change to enhance the adoption of science-based practices.
- Awarded three-year accreditation by the Commission on Accreditation of Rehabilitation Facilities (CARF) for provision of Integrated Alcohol and Other Drug and Mental Health Services.
- Awarded certification under the Ohio Association of Nonprofit Organization's Standards for Excellence in Nonprofit Management.

Key Statistics

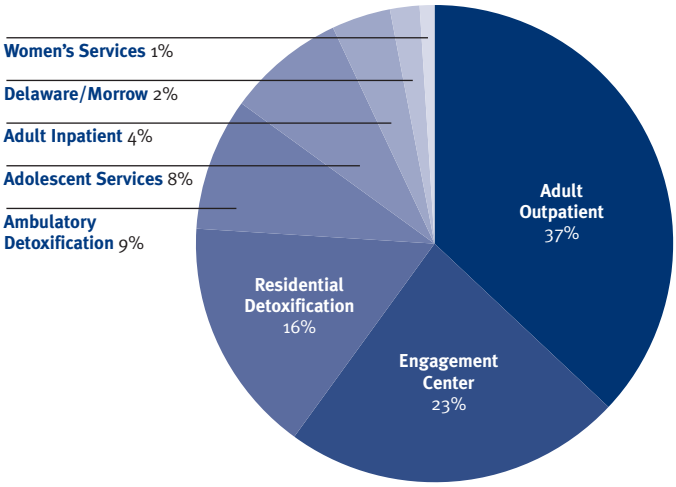
Patient Demographics

Fiscal Year July 1, 2005 – June 30, 2006
7,004 Patients Served

By Race and Gender

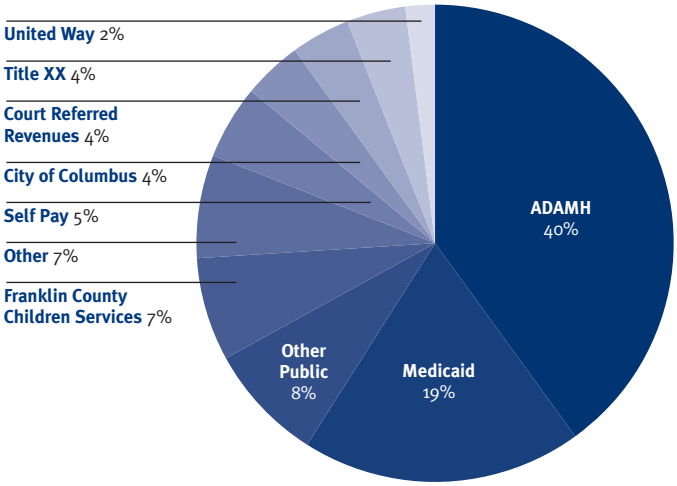


By Program



Revenue by Source

Total Revenues: $14,216,820



Providing Addiction Recovery and Mental Health Services for Adults and Adolescents

Public Health Programs

Maryhaven provides integrated behavioral healthcare services to help men, women, and children restore their lives from the effects of addictive and mental illnesses.

Mental Health Services. As part of our Public Health Programs, Maryhaven provides intensive mental health treatment services, including psychological and psychiatric evaluations. Our evaluation and counseling services are offered to adults and adolescents in both individual and group settings. To meet the growing need for mental health services, we now have 41 employees with mental health licensure in their fields, including two board certified psychiatrists and two psychologists.

Adult Residential Programs

- Detoxification services
- Dan Cannon Hall for adult men and women
- Women's Center for extended care, including Africentric Program
- Engagement Center for homeless, publicly inebriated men and women

Adolescent Residential Programs

- Girls' Adolescent Care Unit
- Boys' Teen Care Unit

Outpatient Treatment for Adults and Adolescents

- Aftercare services for continued therapy after inpatient discharge
- Outpatient services for addiction recovery and mental health with both group and individual therapy

Public Safety Programs

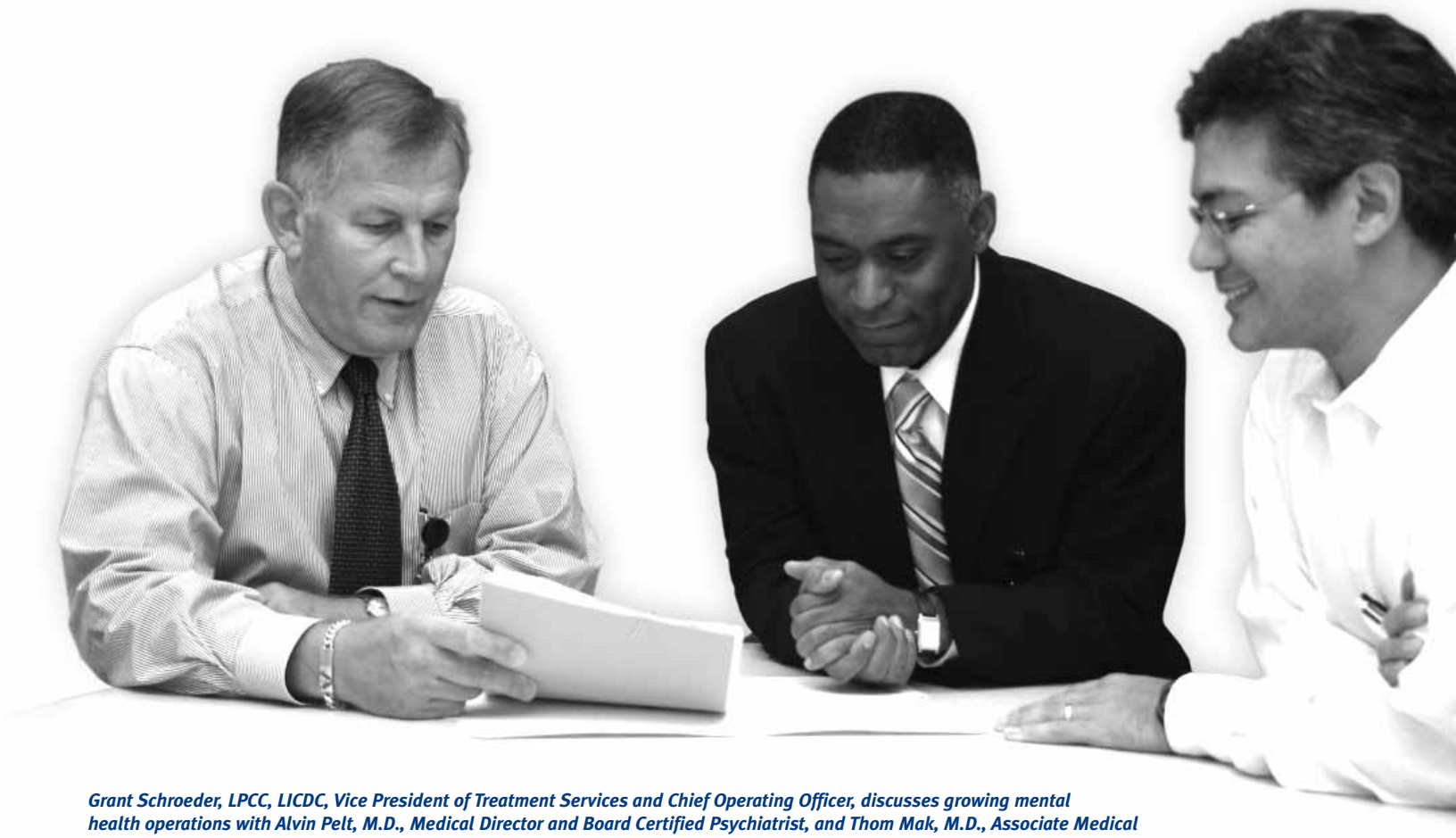
Maryhaven offers a range of outpatient programs connected to adult and juvenile court systems.

Adult Programs

- Driver Intervention
- Education and Intervention
- Men's Anger Treatment
- Women's Anger Treatment

Under Age 21 Programs

- Under age drinking/drug programs for young people 12-20
- Goal is to reduce high-risk choices and behavior



Grant Schroeder, LPCC, LICDC, Vice President of Treatment Services and Chief Operating Officer, discusses growing mental health operations with Alvin Pelt, M.D., Medical Director and Board Certified Psychiatrist, and Thom Mak, M.D., Associate Medical Director and Board Certified Child Psychiatrist. Doctors Pelt and Mak lead the Medical and the Mental Health Treatment Teams.

Maryhaven Training Institute

The Maryhaven Institute provides speakers and educators for the community, as well as student field placement. As part of the Maryhaven Training Institute, the ADAMH Training and Learning Institute at Maryhaven plans, delivers and evaluates an annual training and learning series for those who provide prevention and treatment service in ADAMH agencies. Topics include clinical best practices, system transformation, application of recovery principles, and cultural competency.

Maryhaven Research Institute

The Maryhaven Research Institute exists to improve patient care. Every year it conducts clinical trials that benefit people across the country.

The Maryhaven School

The Maryhaven School allows teens in residential treatment to continue their education. Working in cooperation with each student's local school district, the school allows youth to continue earning credits in Math, Science, History, and English. Additional opportunities are provided in physical education and art.

Services in Delaware and Morrow Counties

With the support of the Delaware-Morrow Mental Health and Recovery Services Board, Maryhaven provides addiction recovery and mental health outpatient services in Delaware and Mt. Gilead.

Tracey

Graduate of Families Reunited

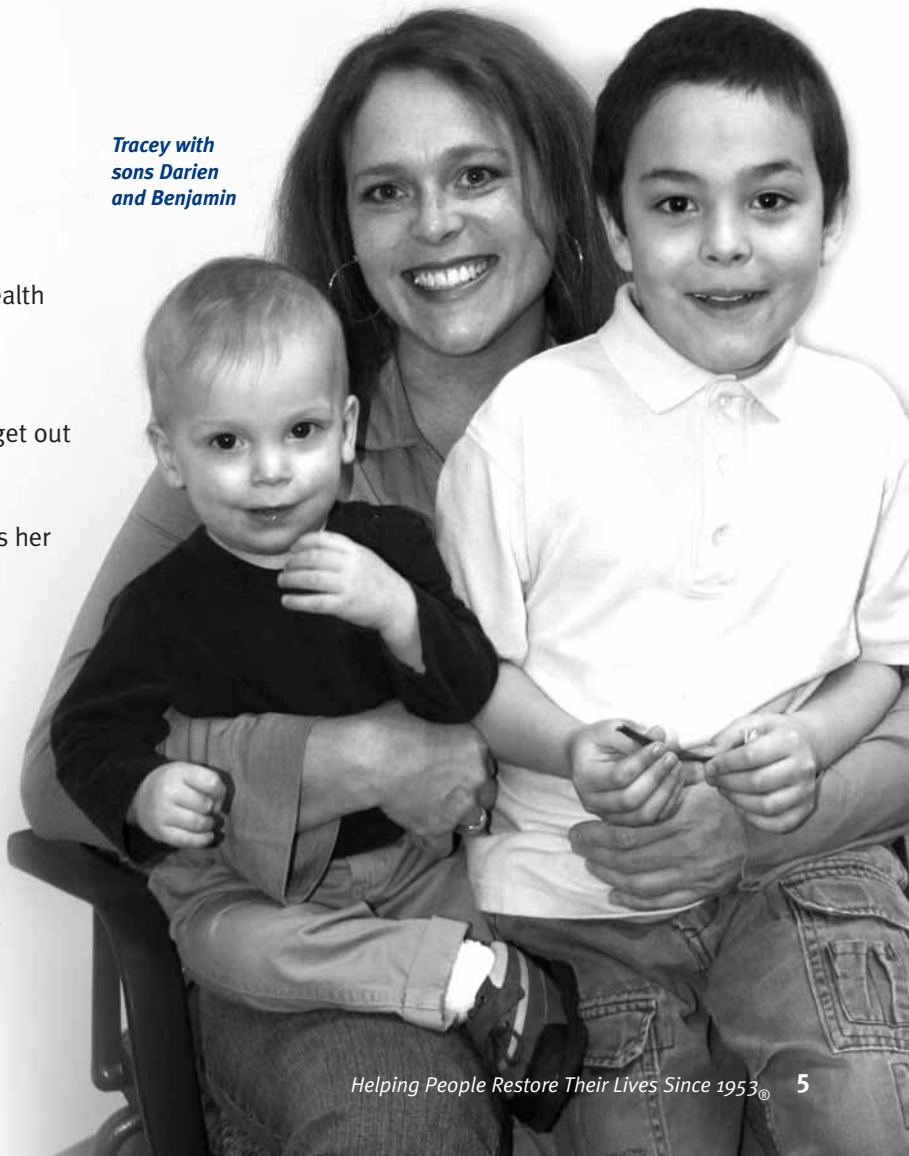
Tracey grew up in an abusive home. After earning her Bachelors Degree at New Mexico State University, her health deteriorated until she attended the Maryhaven Families Reunited Outpatient program.

She worked hard on her recovery program saying, "You get out of it what you put into it."

Tracey found that her best reason for getting healthy was her children, saying "I fought to get my children back. It was the hardest and most painful part of my life. My children and I now have a healthy bond because they know they can always count on me. Maryhaven is a Godsend."

Tracey has her life and health back and is actively helping others.

"I want to give back what was given to me."



Tracey with sons Darien and Benjamin

Helping Teens Find Their Way Home

Addiction Recovery and Mental Health Services for Teens

Our gender specific, residential treatment units allow teens to better focus on treatment and goals. Diverse treatment modalities are used to create each teen's treatment plan that addresses the teen's unique needs and those of their family.

Teens with alcohol and other drug dependencies, as well as mental health needs, are treated with tiered levels of care in residential and outpatient settings.

Inpatient Services

Inpatient services in a residential environment are provided in our Boys' Teen Care and Girls' Adolescent Care Units, serving youth from 12 - 18.

New Space for Adolescent Services

Maryhaven is happy to announce completion of Phases I and II of our Adolescent Capital Campaign that provides the following:

- Renovation of more than 35,000 square feet of interior therapeutic space, including creation of our new Maryhaven School classrooms.
- An additional 10,008 square feet for four new school classrooms and creation of the Adolescent Medical Unit, made possible by a gift from the Dr. Judah Folkman Medical Research and Education Endowment of the Columbus Jewish Foundation.
- An additional 14,000 square feet of outdoor recreation space adjacent to each gender-specific unit.

Joe Catania, MSW, LISW, LCDCIII, leads in a mental health group counseling session in the new adolescent wing.

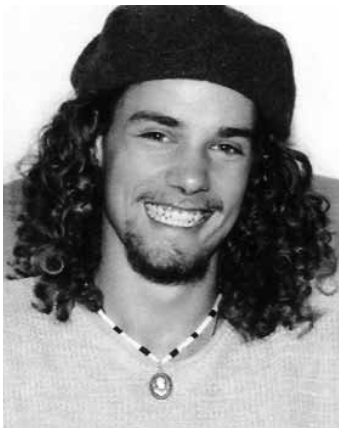
Benjamin Arnold, MS, PCC, CCDCI, counsels an adolescent.

Highlights of Adolescent Services

Our goal is constant – to find innovative ways to help teens recover from addictive and mental illness and reunite them with their families.

- **Gender Specific Units** – Secure and located on opposite corners of our main campus.
- **Partial Hospitalization** – Intensive mental health focused treatment groups are provided daily.
- **Licensed Professional Personnel** – Our team includes 48 credentialed or licensed adolescent employees.
- **Family-Centered Programming** – We work with interested parties to help reunite adolescents with their families.
- **Maryhaven School** – Specialty classrooms for Math, Science, History and English.
- **Anger Management** – Programming is based on Best Practices.
- **Life Skills Assessment** – Teens over the age of 16 complete a Life Skills Assessment to assist staff in determining the youth's strengths and needs.
- **Continuity of Care** – Delivered through our Outpatient Center located in downtown Columbus at 226 North Fifth Street.

Adolescent Graduates Have Their Say



Joseph

Joseph struggled with learning disabilities and, before he realized what was happening, became addicted to drugs and dropped out of public school.

After treatment and remaining sober, Joseph received his GED and began co-facilitating with teachers at Ohio University to understand learning disabilities. After that, Joseph traveled to conferences to educate educators about learning disabilities.

Joseph reports that he's part of a strong, supportive family. "I haven't been in an argument with my parents since I've gotten clean." He's now back in school with a goal of obtaining a doctorate in psychology.

"To be able to say I made a difference in one person's life – I'll be happy."

Shannon

Shannon's mom died when she was young, but she still managed to get on the honor roll in high school — until her sophomore year. Then, bad choices led her to quit school and live on her own.

"I've seen how drugs have destroyed lots of things in my life," she says. "But after Maryhaven I rekindled my relationship with my father."

Attending Maryhaven has been a healing experience for Shannon. "Maryhaven has helped me recognize the importance of life and family and to value my true potential."

"My friends say, 'What's happened to you? This isn't the Shannon we know.' I tell them this is the Shannon they are going to have to get used to."

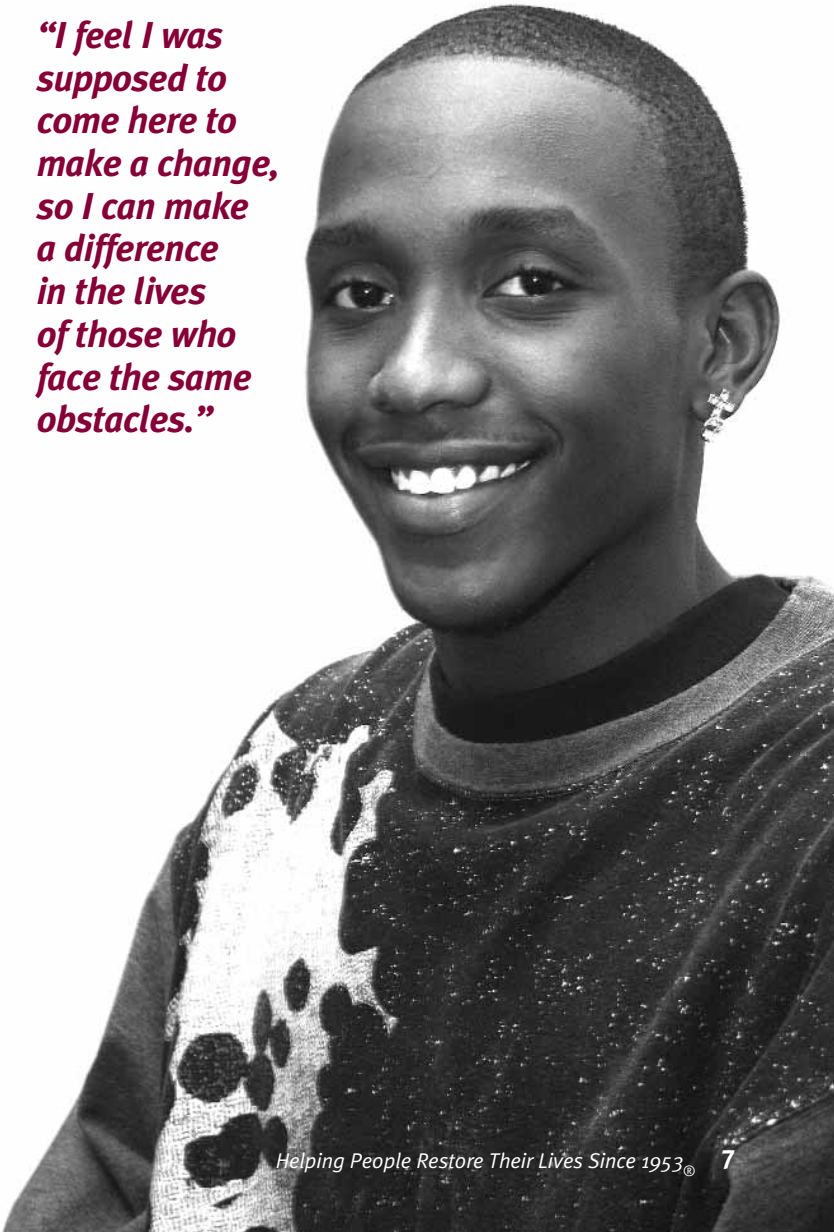
Shaindo

Growing up was tough for Shaindo. "I was transferred to my grandmother's custody at the age of 12. She got ill and passed. I made some bad decisions."

After a health crisis, Shaindo was released to Franklin County Children Services which placed him in a stable home. Since returning to school, his grades have been excellent, including his senior college prep classes.

"Maryhaven taught me to be humble, forgiving and understanding. Staff were supportive in many ways. I learned the value of sobriety – that you don't have to use a controlled substance to be high." Shaindo graduates from high school in 2007 and plans to study psychology at The Ohio State University.

"I feel I was supposed to come here to make a change, so I can make a difference in the lives of those who face the same obstacles."



Serving Our Community with Their Time, Knowledge, and Heart

Thanks for All You've Done

Corporate partnerships provide win-win opportunities – improving the therapeutic environment and services to our patients while providing a rewarding opportunity for volunteers.

Our special thanks go to volunteers from the following community leaders:

- Alliance Data
- American Electric Power
- Anheuser Busch
- Chemical Abstracts
- Columbia Gas
- DSW Shoes
- Grange Insurance
- Limited Brands
- Nationwide Insurance
- New Albany Group

Ed Gaydos, Director of Community Connection, Limited Brands, and a member of the Maryhaven Board of Directors, was the catalyst for a partnership between Limited Brands and Maryhaven. "Maryhaven is a jewel of Central Ohio. When Limited Brands associates get involved with Maryhaven, there is a cascade of positive forces in the lives of the families served, in the lives of our associates, and in the very fabric of the community. Our investment in Maryhaven is simply good business."

Robin Hardy, Training Consultant, Limited Brands Technology Services, is discussing a class lesson with Steve Lira, one of several volunteer computer trainers. Robin created the training program and leads in scheduling classes. Trainers not pictured are John Artinian, Marci Fenner, John Fowler, David Hofer, Greg Karmick, Nathan Rockwell, Jackie Schwerling, and Dawn Worch.

Jeannine Ralston, Vice President of Limited Brands, and a member of the Maryhaven Program Committee, is proud to have led in this partnership. "This project gives everyone involved an opportunity to learn from each other while providing our volunteers the joy of partnering with Maryhaven to help people from our community."

Nationwide volunteers helped create ceiling tiles like this one.

Clockwise on left: Tom Lianez, Ben Arnold, Grant Scnroeder, Anne Price, Becky Shoemaker, and Wendy Molino. Clockwise on right: Joyce Frazier Clark, Steve Albanese, John Dawson, Charles Williams, Sofia Mohamed, Kim Cummings, Chaplain Fulani, Jackie Spaulding. Committee members not in photo: Dick Overton, Katy Derby, Helen McFadden, Carol Powell, Rhonda Reed, Jennifer Johnson, Sylvia Thompson, Liz Jaeger, Donna Raymond, Gary Lee, and Kathy McPherson.

Creating an Environment that Empowers Everyone

Bringing Out the Best in People

Our goal for cultural diversity is simple: to involve all employees so that we create an environment that naturally empowers everyone.

Maryhaven's cultural diversity curriculum mandates that each employee complete tiered levels of training. We believe we're reaching our goals. In fact, Maryhaven has been recognized by the University of Texas as one of the top 70 organizations in the country that provide culturally competent services to their patients.

Planning to be More Diverse

To ensure that we make continuous progress, the Maryhaven Cultural Diversity Council meets regularly. The Council was chaired in 2006 by Joyce Frazier Clark, Director of Human Resources and Diversity Development. We are happy to report that our Council Members are well respected by their peers, and many serve as resource persons for other organizations.

Dick Overton, MS, PCC, LICDC, Director of Adolescent Services, leads a staff meeting in the new adolescent staff and family conference room.

Striving for a Healthier Tomorrow

In 2002, The ADAMH Board conducted a Needs Assessment Survey which showed that 6,370 youth each year in Franklin County were untreated for addictive and mental illnesses. Maryhaven responded, and in 2004 committed to a $2 million capital project to increase our teen residential census by 50%. That same year, Maryhaven launched a $1 million corporate/philanthropic capital campaign to help answer the need.

We are grateful for the community's response. By the end of 2006, campaign revenues reached over $1,126,000 (113% of campaign goal).

We are also pleased to report that construction of Phases I & II of our capital project has been accomplished. This includes:

- Renovation of more than 35,000 square feet of interior therapeutic space, including creation of new Maryhaven School classrooms.
- Creation of the Adolescent Medical Unit, with the help of a gift from the Dr. Judah Folkman Medical Research and Education Endowment of the Columbus Jewish Foundation.
- Creation of outdoor therapeutic space adjacent to each gender-specific unit.

For all they've done for the community, Maryhaven sends a heart-felt thank you to all of our major campaign donors:

Diamond Donors ($50,000K+)

Nationwide Foundation
Limited Brands
Harry C. Moores Foundation
The Columbus Foundation, Alice and Robert Estrich, John Charles Sharon, and Robert B. Hurst Funds
Joseph A. and Anne G. Jeffrey, Jr.

Gold Donors ($25,000 to $49,999)

Battelle Foundation
Crane Plastics Company
2006 Columbus Foundation Award, Alice and Robert Estrich Fund
Huntington Bank
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TW Ruff
American Electric Power Foundation
Mr. and Mrs. Robert J. Weiler, Jr.
Jonathan and Megan Catherwood

Silver Donors ($15,000 - $24,999)

Honda of America Foundation
Reinberger Foundation
Erdis G. Robinson Trust
MI Homes

Bronze Donors ($5K to $14,999)

Anonymous
Bricker and Eckler
Dr. Judah Folkman Medical Research and Education Endowment, The Columbus Jewish Foundation
Jay and Meredith Crane
Jim and Ann Crane
Mike and Paige Crane
Rob and Shannon Crane
Sally Crane and John Nance
Randall M. & Nancy M. Dana Family Foundation
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Sue Pohler, Esq.
The Honorable Guy Lester Reece II
Lana Ruebel
Ann Schiele
Mark Stewart
Sylvia Thompson
Doctors Paul and Pamela Warrick-Schkolnik
Winnscapes
John Wolff and Tanny Crane

Supporters ($500 to $999)

Abbott Laboratories Fund
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Henrietta Ransom
Vivian Russell
The Rust Foundation, c/o Bob Gillies
The Honorable Lisa Sadler

Friends ($100 to $499)

Advance Sign Group
Stephen D. Albanese
James Alexander
Anonymous
Benjamin R. Arnold
Steven Bechtel
William Bowers
Gregory S. Brigham, PhD
The Honorable David E. Cain
Calvary Tremont Baptist Church
St. Vincent DePaul Society of Christ the King Catholic Church

Liat Johnson, LISW, Clinical Supervisor, talks to Chaplain Rev. Dr. Sokoto Fulani and Frank E. Garcia, Jr., MS, LICDC in the new teen wing.

Joyce Clark
Community of Christ Lutheran Church
Lynn Crevling
Kimberly M. Cummings
John W. Dawson
Mary A. Dohn
Yvette Ellis
Sheryl K. Galisin
Pamela Garretson
Germania Singing and Sport Society, Women's Choir
Marjorie Goodwin
Glen Graham
Robert L. and Joanne Graham
Dorothy Guyton
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Teresa Strovilas
Kurtis A. Tunnell, Esq.
Sally Tyler
Barbara S. Wallace
Charles A. Williams
Shirley S. Williams
William & Natalie Wright
Jinwei Wu

In creating our donor computer database, we sought for 100% accuracy. If, however, you find any omission or error, please accept our apology and contact Janice Cathey, Director of Development, Marketing, and Support Services, for correction of records. Thank you.

Special Gifts in Honor Of

Lauri Bishop
Carol Sue Focke

John Wolff
Loanne W. Crane

Limited Brands Customer Marketing Team led by Susan Sachatello, SVP
Casbah Concepts dba The Ontarget Team

Connie and Harrison Smith & Family
David and Barbara Brandt
Sally Tyler

William S. Lee
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Tony Puckett
Chad A. Puckett

Special Gifts in Memory Of

Bernice Beeler
Paul H. Coleman

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Josephine L. Fonzo
Janet L. Ruffing

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Patricia and Michael Moriarity
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Gertrude K. Hembree
Jeffrey M. and Catherine L. Lincourt
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Maryhaven is appreciative of in-kind donations that help us meet our mission while maintaining low overhead. Our major in-kind donors included:

American Electric Power
Columbus Auto Shredding
The Computer Workshop
Grange Insurance
Lerner New York
Limited Brands
Limited Brands Giving Tree Program
Christopher Masoner, D.D.S.
Nationwide Insurance
JC Penney Catalog
Quest Business Center
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MARYHAVEN®

Helping People Restore Their Lives Since 1953®

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Fax (614) 445.7808
www.maryhaven.com

Funded by United Way of Central Ohio; Franklin County Alcohol, Drug and Mental Health Services Board (ADAMH); Ohio Department of Alcohol and Drug Addiction Services; the City of Columbus; Franklin County Children Services; Delaware-Morrow Mental Health and Recovery Services Board; Franklin County Job and Family Services; and the Community Shelter Board. Grant based funding received from The Columbus Medical Association Foundation, The Columbus Foundation, The Ohio State University Hospitals, and the Governor's Office of Criminal Justice Services.

Produced by Janice Cathey, Director, Development, Marketing and Support Services.

Photographs by Charles Williams, Director, Adult Treatment Services and Coordinator of Student Placement

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